



For video instructions on how to use your Stat-A-Dyne device, scan the QR Code above.

Questions? Feel free to call us at 866-236-8889, you can also find more information on all of our products at www.lantzmedical.com.

- \*It is recommended to be seated or lying down while using your Stat-A-Dyne contracture management device.
- Start with the device in a neutral position that is within your comfortable ROM.
- Slide your arm into the device. (The hinge of the device should line up with the elbow joint.) The hinge should be on the lateral (outside) side of the arm.





- Adjust the position of the forearm and humeral cuffs.
- 1. The length of the brace should be telescoped so the forearm cuff fits flush with the patient's hand. The hinge of the device should be centered at the elbow joint.
- 2. There should be 3 finger widths between the top of the humeral cuff and the crease of your axilla.
- 3. After the length is set, you may tilt, elevate and depress your cuffs via the "L" bracket s to ensure an optimal fit. (The frame of the device should line up with the long bones of the arm.)





- Once the arm is properly aligned, tighten the forearm and humeral straps.
- You are now ready to begin your treatment session.