

Stat-A-Dyne Wrist

Lantz Medical

Fitting Instructions



Questions? Feel free to call us at 866-236-8889, you can also find more information on all of our products at www.lantzmedical.com.

For video instructions on how to use your Stat-A-Dyne device, scan the QR Code above.

*It is recommended to be seated or lying down while using your Stat-A-Dyne contracture management device.

- Orient the Stat-A-Dyne device by pointing the black adjustment knob towards the floor (refer to pic 1)
- Align the Stat-A-Dyne hinge through the center of your wrist by sliding your arm through the forearm cuff (refer to pic 5)
- If necessary, adjust the length of the finger platform by loosening the 3 screws and elongating the device (refer to pic 2)
- The forearm splint can be adjusted by loosening the 2 wing nuts located on the lateral side of the brace. With the arm bent at 90°, there should be 2 finger widths between the proximal end of the forearm cuff and the elbow crease (refer to pic 3).
- Once the device is the appropriate length, loosen the straps, slide your forearm through the cuff and hand strap (refer to pic 4).
- Position your forearm in the device so your wrist is lined up with the center of the hinge on the device (refer to pic 5).
- Tighten the forearm and palm straps (refer to pic 6).
- You are now ready to begin your treatment session.

*The Stat-A-Dyne Wrist device is able to treat both flexion and extension when fit following the instructions on this guide.



